



How to Use **MEDI DERMA-S Total Barrier Cream**





Step 1: **Skin Preparation:**

• Clean and dry the skin.



Step 2: **Application:**

- "Pea to palm" Apply a pea sized amount of cream to an area the size of your palm.
- Apply gently in a circular motion or in the direction of hair growth.



Step 3: **Quantity to Use:**

- Your skin should be clearly visible through the cream.
- If the skin appears oily, remove excess with a soft tissue/towel.



Step 4: **Apply Dressing/Device:**

• Let the skin dry before applying a dressing, adhesive device or ostomy pouch (if using). Reapply cream as instructed.



Total Barrier Cream:

For EXTERNAL use only. Do NOT use on infected areas of skin. Do NOT use if there are signs of skin reaction following product application, or if there are known allergies/sensitivities to any of the ingredients. Consult your clinician accordingly. Only use as directed. Do NOT use past expiry date or if product is damaged. Once opened, product can be used through to expiry date. For single patient use only. Keep out of reach of children









